



Rules for FIS Continental Cups - Scandinavia 2008 - 2009

Justified August 08, 2008

1. General rules

The Scandinavian Cup consists of one series of FIS competitions in Scandinavia (Estonia, Finland, Norway and Sweden).

The competition for men and women near WC level.

FIS and responsible Ski Association give informations about the cup.

2. Number of participants

The cup is open for all skiers with FIS license. All get points who take part.

3. Quota and carrying cost

The organizer shall pay 2 days for living cost for the 4 best women and men on the current cup standing list before each weekend.

These 4 + 4 athletes do not pay starting fee. Normal starting fee is valid for the other athletes.

On the first weekend the organiser pays for the 4 + 4 best after the Saturday's race.

Accommodation: There should be accommodation possibilities for World Cup prices (EUR 65/day full board) which the nations can choose.

4. Final scoring for individuals

All races in the cup schedule will count in the final cup list.

If at end of all the events, a number of competitors are placed equally within the top six (6) positions in the overall classification, then they shall be placed according to the number of their 1st places, then their 2nd places, 3rd places, etc.

If they cannot be classified by this system, they will each receive the medals corresponding to their placing.

5. Sprint race

At least two of the races will be sprint races. The sprint races will be organised according to the current rules and World Cup practice.

6. Calculation of points

The same points as for World Cup. 30 best get points as follows: 100, 80, 60, 50, 45, 40, 36, 32, 29, 26, 24, 22, 20, 18, 16, 15, 14 and so on.

7. Seedingrules for individuals

The basis for the seeding and grouping will be the ICR art 334:

334.2

The start order of groups for Distance or Sprint competitions has the following priority: the Seeded Group has the most advantageous position, next a group for competitors with FIS points for the required discipline; ordered by pts, next a group for competitors with only overall points, ordered by pts; next a group for those with no FIS points, order is drawn; and finally the National Group; ordered by points and/or drawn.

334.3

For interval start distance competitions the seeded group normally starts last. Within this seeded group competitors are started in reverse order of their current distance WC standing (best are at the end). The Overall WC Leader is always assigned the last starting position in this group. The first group to start is the National Group ordered by FIS Distance Points followed by all other competitors according to the priorities in art. 334.2.

For mass start competitions (including pursuits) the Overall WC Leader is always assigned the first start position and the remaining competitors in the seeded group are assigned the next start positions in order of their current distance WC standing. Following the seeded group all other competitors will be assigned start positions according to the priorities in art. 334.2.

For the individual sprint qualification round the seeded group starts first and the starting order within the group is drawn. Following the seeded group all other competitors will be assigned start positions according to the priorities in art. 334.2.

In practice, the following recommendations are valid for the Scandinavian Cup:

In sprint qualifications the starting order will be according to the FIS sprint points: The athletes with lowest points will have startnumber 1, and so on. Athletes with no FIS sprintpoints but with overall points will start thereafter, and finally athletes with no FIS points (order is drawn).

In mass start races the starting order will be according to the same principles as the sprint qualifications. The order will be based upon the FIS distance points.

In individual races the athletes will be divided into 4 groups:

Group 1, athletes with no FIS-points (order is drawn).

Group 2, 3 and 4 consists of athletes with FIS-points. These 3 groups are equal in size. Group 4 is for the athletes with the lowest FIS-distance points, and group 2 for athletes with the highest FIS-distance points. If there are athletes with only sprintpoints, they will be put into group 2.

The starting order within each group will be drawn.

The normal starting order will be group 1-2-3-4.

8. Jury and TD

The TD will be appointed from the neighbouring country, i.e FIN-EST and SWE-NOR

9. FIS-points

The Organizer has to send correct resultlist with FIS code and TD must calculate the penalty. Every Organizer should calculate the FIS points.

10. FIS/IWO rules are valid

11. FIS-Homologation of courses

The organiser should have homologated courses.

12. The winners

Each organiser or organising Federation pay money price for each race:

No 1 = 3.000 SEK

No 2 = 2.000 SEK

No 3 = 1.000 SEK

According to FIS decision the 3 best overall from the nordic countries (men and women) on the final Scandinavian Cup list will start in the WC-races in March outside the national quota. The winner of the Scandinavian Cup also gets costs carried by WC-organiser (as redgroup). The winner of Scandinavian Cup (or best place athlete from nordic countries) has free place in World Cup in November-December following year.

The current leader of the Scandinavian Cup (best places from nordic countries) before each World Cup period will have free place in World Cup.

The overall winner (women and men) will receive a trophy (purchased by NOR) after the last race.

13. Results

Official results and ranking from every race must directly be available on the internet immediately after the race.

Norway is responsible for the points list after each race.

Immediately after approval of the Technical Delegate, the Organisers must transmit the official results and penalty calculation as well as combined standing electronically in FIS Data format by e-mail to:

<p style="text-align: center;"><u>AlpineResults@fisski.ch</u></p>
<p style="text-align: center;">Direct Phone no FIS points (G.Richter) +47 (33) 244 61 05 FIS Office: Phone + 41 (33) 244 61 71 E-mail: <u>richter@fisski.ch</u> Software for FIS format: ftp://ftp.fisski.ch</p>

14. Waxing facilities

Sufficient and lockable waxing facilities must be suitable for all national teams (maximum 6+6) without cost. The size of this should be according to the FIS rules.

More waxing facilities are to be paid for. The organiser and the participating nations MUST pay attention to this, and book waxing facilities in due time.

15. Official languages by the organiser

The organiser must use at least English language in addition to the country's own language. This means also the speaker at the stadium and the team captains' meeting.

16. Transport

On request the organiser will offer adequate transport for national teams to acceptable price.

17. Juniors

Juniors principally start in the senior class, if the number of participants (men) does not exceed 150.

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